

A strong Atlantic Meridional Mode event in 2009: The role of mixed layer dynamics

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Abstract

In the first half of 2009, intense anomalous cooling of sea surface temperatures (SSTs) in the equatorial North Atlantic (ENA; 2°N–12°N) triggered a strong Atlantic meridional mode event. During its peak in April–May, SSTs in the ENA were 1°C colder than normal and SSTs in the equatorial South Atlantic (5°S–0°) were 0.5°C warmer than normal. Associated with the SST gradient were anomalous northerly winds, an anomalous southward shift of the intertropical convergence zone, and severe flooding in Northeast Brazil. This study uses in situ and satellite observations to examine the mechanisms responsible for the anomalous cooling in the ENA during boreal winter and spring of 2009. It is found that the cooling was initiated by stronger than normal trade winds during Jan–Feb 2009 associated with an anomalous strengthening of the atmospheric high pressure system in the subtropical Atlantic. Between 6°N–12°N, unusually strong trade winds cooled the ocean through wind-induced evaporation and deepened the mixed layer anomalously by 5–20 m. Closer to the equator, surface equatorial winds responded to the anomalous interhemispheric SST gradient, becoming northwesterly between the equator and 6°N. The anomalous winds drove upwelling of 0.5–1 m day⁻¹ during March–April, a period when there is normally weak downwelling. The associated entrainment heat flux at the base of the mixed layer led to unusually cool SSTs in the central basin, further strengthening the anomalous interhemispheric SST gradient. These results emphasize the importance of mixed layer dynamics in the evolution of the meridional mode event of 2009 and the potential for positive coupled feedbacks between wind-induced upwelling and SST in the equatorial North Atlantic.

1 Introduction

Interannual to decadal variability in the tropical Atlantic is influenced by the Atlantic meridional mode (AMM), characterized by an anomalous meridional gradient of sea surface temperature (SST) between the tropical North and South Atlantic (Nobre and Shukla 1996). Anomalously warm SSTs in the tropical North Atlantic relative to the South are associated with anomalous southerly surface winds and a northward anomalous displacement of the intertropical convergence zone (ITCZ). Conversely, anomalously cold SSTs in the North Atlantic relative to the South are associated with anomalous northerly winds and a southward shift of the ITCZ. The AMM exerts a strong influence on rainfall in Northeast Brazil and the Sahel, since rainfall in these regions is closely linked to the seasonal movement of the ITCZ (Lamb 1978; Hastenrath and Greischar 1993; Giannini et al. 2003). The AMM tends to peak in boreal spring, when SST variability in the tropical North Atlantic is strongest and the ITCZ is most sensitive to the meridional gradient of SST (Xie and Carton 2004, Hu and Huang 2006).

An important step toward understanding the coupled variability of the AMM is to understand what drives SST variability associated with this mode. Interannual variability of SST in the tropical Atlantic is strongest in the northeastern basin (15°W–40°W, 2°N–20°N) and in the eastern equatorial Atlantic, in connection with the AMM and Atlantic Niños, respectively (Huang et al. 2004). SST variability in the tropical North Atlantic (TNA; 12°N–25°N) is driven primarily by changes in wind-induced latent heat loss (Carton et al. 1996). The surface wind variability itself is influenced by the North Atlantic Oscillation (NAO) and atmospheric teleconnections from the eastern equatorial Pacific (Enfield and Mayer 1996, Czaja et al. 2002). Changes in shortwave radiation from low-level cloudiness and African dust appear to play an

47 important secondary role (Tanimoto and Xie 2002, Foltz and McPhaden 2008). In
48 contrast, relatively little is known about what drives SST variability in the equatorial
49 North Atlantic (ENA; 2°N–12°N), which underlies the mean position of the ITCZ.
50 This is a region with climatologically warm SSTs (27°C, averaged during MAM be-
51 tween 10°W–50°W, 2°N–12°N) and where SST anomalies are therefore likely to have
52 a significant influence on atmospheric circulation and rainfall, and hence the AMM.
53 Modeling studies suggest that ocean dynamics play an important role in this region
54 (Carton and Huang 1994, Carton et al. 1996). However, there is very little direct
55 observational evidence to support this, and it is unclear which oceanic processes are
56 important.

57 In 2009 there was a strong negative AMM event that was initiated by anomalous
58 cooling in the TNA. The cold SST anomalies during January–February 2009 coincided
59 with a moderate La Niña in the equatorial Pacific, stronger than normal convection
60 in the Amazon, and an anomalously strong Atlantic subtropical high pressure system,
61 all of which are consistent with enhanced trade winds and cooler than normal SSTs in
62 the TNA. The coldest SST anomalies shifted southward to the ENA during Feb–Mar
63 2009. The AMM peaked shortly thereafter in March–May, when surface winds in the
64 tropical Atlantic are most sensitive to the cross-equatorial gradient of SST and positive
65 wind-evaporation-SST feedback is strongest (Xie and Carton 2004). By one measure,
66 the anomalous meridional SST gradient in the boreal spring of 2009 was the strongest
67 since satellite SST measurements began in 1982 (Foltz and McPhaden 2010a; Fig. 1).
68 The SST gradient and its associated surface wind anomalies drove a southward dis-
69 placement of the ITCZ, contributing to severe flooding in Northeast Brazil (Fig. 1b,c).
70 The surface wind anomalies forced equatorial Rossby waves, which reflected from the

71 western boundary and caused abrupt anomalous cooling of the equatorial cold tongue
72 in the summer of 2009 (Foltz and McPhaden 2010a). Cold SST anomalies in the TNA
73 persisted into the boreal summer of 2009, conspiring with a developing Pacific El Niño
74 to produce below-normal tropical cyclone activity (nine tropical cyclones developed in
75 the Atlantic during 2009, the fewest since 1997). The low activity in 2009 is consistent
76 with previous analyses which show that the Atlantic hurricane season is influenced by
77 the state of the equatorial Pacific and SSTs in the TNA (Wang et al. 2006; Latif et
78 al. 2007).

79 In the past several years there have been substantial improvements to the long-
80 term observational network in the tropical Atlantic Ocean. The global array of Argo
81 floats reached completion in the mid 2000’s (Gould et al. 2004), and four Prediction
82 and Research moored Array in the Tropical Atlantic (PIRATA) buoys were deployed
83 as part of the Northeast Extension in 2006–07 (Bourlès et al. 2008). In this study we
84 use these relatively new measurements, together with ongoing satellite observations, to
85 analyze the causes of the anomalous cooling in the North Atlantic (2°N – 25°N) in 2009.
86 This region is chosen because of the strong anomalies here that were well sampled by
87 in situ observations (Fig. 2). In comparison, SST anomalies in the South Atlantic were
88 weaker, and in situ observations were sparser.

89 The rest of the paper is organized as follows. We first describe the data sets used.
90 The evolution of the SST anomalies is then presented in relation to surface wind and
91 subsurface ocean anomalies. The mixed layer temperature balance is analyzed using
92 Argo and satellite data and compared to results from two PIRATA moorings. Finally,
93 the results are summarized and discussed.

94 **2 Data**

95 A combination of satellite, in situ, and atmospheric reanalysis data sets is used to
96 examine the evolution of anomalous conditions in the tropical Atlantic during 2009
97 and to analyze the mixed layer temperature budget.

98 **2.1 Satellite data, reanalysis fields, and Argo**

99 The satellite data sets consist of SST, surface winds, and outgoing longwave radiation
100 (OLR). SST is available from the Tropical Rainfall Measuring Mission (TRMM) Mi-
101 crowave Imager (TMI) and the Advanced Microwave Scanning Radiometer for EOS
102 (AMSR-E). These data are blended together using optimal interpolation and are avail-
103 able as daily averages on a $0.25^\circ \times 0.25^\circ$ grid from June 2002 to the present from Re-
104 mote Sensing Systems ([ftp.discover-earth.org/sst](ftp://ftp.discover-earth.org/sst)). We have regridded these data to a
105 $1^\circ \times 1^\circ$ resolution. Surface wind velocity from the SeaWinds instrument on the Quick
106 Scatterometer (QuikSCAT) satellite is available from Institut Français de Recherche
107 pour l'exploitation de la Mer (IFREMER)/Centre ERS d'Archivage et de Traite-
108 ment (CERSAT) on a $0.5^\circ \times 0.5^\circ \times$ daily grid from July 1999 to November 2009
109 (<ftp://ftp.ifremer.fr/ifremer/cersat/products/gridded/mwf-quikscat>). Wind stress is
110 calculated using a constant drag coefficient of 1.5×10^{-3} and an air density of 1.29 kg
111 m^{-3} . The NOAA interpolated OLR, available on a $2.5^\circ \times 2.5^\circ$ grid for 1979–present,
112 is used to detect regions of atmospheric deep convection (Liebmann and Smith 1996).

113 Horizontal currents averaged in the upper 30 m are available from the Ocean Sur-
114 face Current Analysis-Realtime (OSCAR, Bonjean and Lagerloef 2002). This product
115 uses satellite sea level, wind stress, and SST, together with a diagnostic model, to
116 calculate velocity on a $1^\circ \times 1^\circ$ grid every five days for the period 1993–present.

117 We also use combined satellite/in situ data sets of SST and precipitation. Monthly
118 optimally interpolated SST is available on a $1^\circ \times 1^\circ$ grid from December 1981 to the
119 present (Reynolds et al. 2002; [podaac.jpl.nasa.gov/sea_surface_temperature/reynolds/](http://podaac.jpl.nasa.gov/sea_surface_temperature/reynolds/oisst/)
120 [oisst/](http://podaac.jpl.nasa.gov/sea_surface_temperature/reynolds/oisst/)). The Global Precipitation Climatology Project (GPCP) provides monthly mean
121 precipitation from January 1979 to the present on a $2.5^\circ \times 2.5^\circ$ grid (Adler et al. 2003;
122 <http://www.cdc.noaa.gov/cdc/data/gpcp.html>). These data sets are used to put the
123 2009 anomalies into perspective with the longer-term variability in the tropical At-
124 lantic (Fig. 1). We also use daily surface atmospheric pressure, air temperature, and
125 specific humidity from the NCEP/NCAR reanalysis for the time period 1982–2009 on a
126 $2^\circ \times 2^\circ$ grid (Kalnay et al. 1996). The surface pressure data are used to calculate atmo-
127 spheric indices during 2008–09 (Table 1). The air temperature and specific humidity
128 data are used with QuikSCAT wind speed and TMI/AMSR-E SST to calculate surface
129 latent and sensible heat loss. Surface shortwave radiation and net longwave emission
130 are obtained from the TropFlux analysis on a $1^\circ \times 1^\circ \times$ daily grid for 1989–2009 (Ku-
131 mar et al. 2011). This product calculates surface shortwave radiation by combining a
132 satellite-based product (Zhang et al. 2004) with satellite outgoing longwave radiation.
133 Net surface longwave radiation in TropFlux is calculated from the ECMWF reanalysis
134 after bias and amplitude correction.

135 Monthly averaged mixed layer depth, thermocline depth, and the temperature
136 10 m below the mixed layer are computed using temperature and salinity profiles from
137 Argo floats during 2005–2009, when the coverage in the tropical Atlantic is highest.
138 The vertical resolution of the temperature and salinity profiles is 5 to 10 m. We use
139 profiles which have their shallowest measurement at a depth of 10 m or less. There are
140 3465 profiles fitting this criterion in the equatorial North Atlantic region that we focus

141 on in this study (2°N – 12°N , 15°W – 45°W).

142 For all data sets except Argo, anomalies are calculated with respect to the daily
143 mean seasonal cycle computed using data from 2003–2008, when all products are
144 available. Anomalies of Argo-based quantities are calculated based on the 2005–2008
145 monthly mean seasonal cycle. Because of the exceptional strength of the negative
146 AMM event in 2009, our results are not sensitive to the time period used to calculate
147 the seasonal cycles.

148 **2.2 PIRATA**

149 Measurements from two PIRATA moorings complement the satellite and reanalysis
150 products. The moorings are located at 4°N , 23°W and 12°N , 23°W (Fig. 2c). Both
151 moorings measure subsurface temperature, salinity, and velocity, as well as air temper-
152 ature, relative humidity, wind velocity, rainfall, and shortwave radiation. The mooring
153 at 12°N , 23°W additionally measures downward longwave radiation and barometric
154 pressure. Because of significant gaps in the buoy 10 m velocity records, these data are
155 used only for validation of OSCAR currents and are not used directly in the tempera-
156 ture budget analyses.

157 Subsurface temperature at 12°N , 23°W is measured at depths of 1, 5, 10, and
158 13 m, and with 20 m spacing between 20 m and 140 m. Measurements are made at
159 the same depths at the 4°N , 23°W mooring except that data at 5 m are not available.
160 Salinity is available from both moorings at depths of 1, 10, 20, 40, 60, and 120 m. In
161 addition, the mooring at 12°N measures salinity at 5 m and 80 m. Missing data in
162 the temperature records are filled with vertical linear interpolation. At 12°N , 23°W
163 temperature is missing at depths of 13 m and 20 m during 2008. At 4°N , 23°W
164 temperature is missing at 10 m in 2007. Gaps in the salinity records occur at 5 m and

165 20 m during 2008 at the 12°N location and at 10 m during 2007 at the 4°N mooring.

166 **3 Results**

167 In this section we examine the processes responsible for generating the SST anomalies
168 in the tropical North Atlantic during 2009. A description of the surface conditions is
169 presented first, followed by an analysis of the mixed layer temperature budget.

170 **3.1 Evolution of the 2009 anomalies**

171 The SST anomalies in 2009 developed over a span of several months and were strongest
172 between 10°S–25°N (Fig. 2). In January 2009 there was an anomalous intensification
173 of the northeasterly trade winds in the tropical North Atlantic (TNA; 12°N–25°N; Fig.
174 2a). Surface wind speed anomalies during January peaked at $\sim 2 \text{ m s}^{-1}$ in the 15°N–
175 20°N band, decreasing to 0.5–1 m s^{-1} just north of the equator. Cold SST anomalies
176 were strongest in the northeastern basin, reaching a maximum of 1–1.5°C off the coast
177 of Northwest Africa (Fig. 2a). To the south of the strongest anomalous cooling, a band
178 of weaker negative SST anomalies developed between the equator and 5°N. This band
179 of anomalously cold SSTs was associated with anomalous northerly winds between
180 20°W–40°W centered near $\sim 2^\circ\text{N}$ (Fig. 2a). The sign of the meridional wind and
181 SST gradient anomalies in this region is consistent with forcing of the northerly wind
182 anomalies by the southward anomalous SST gradient (e. g., Lindzen and Nigam 1987).

183 By March 2009 the anomalously strong trade winds had relaxed in the TNA, with
184 anomalously low wind speed between 10°N–20°N (Fig. 2b). The strongest negative
185 SST anomalies in March were located farther south, between the equator and 15°N,
186 increasing in magnitude northeastward from the coast of Brazil to a maximum of 3°C
187 off the coast of Northwest Africa. Anomalous northerly winds on the southern edge of

188 the band of coldest SST anomalies (5°S – 2°N) intensified between January and March
189 (Fig. 2a,b).

190 Between March and May the region of strongest cold SST anomalies off the
191 coast of Northwest Africa weakened slightly and shifted southwestward (Fig. 2c).
192 Northerly surface wind anomalies between 5°S – 2°N strengthened further, especially
193 in the western basin. SSTs became anomalously warm between 5°S – 2°N , peaking at
194 $>1^{\circ}\text{C}$ between 10°W – 20°W . The warm SST anomalies in the equatorial South Atlantic
195 were much shorter-lived than the cold anomalies to the north, however. By July
196 the warm anomalies on the equator were replaced by cold anomalies of up to 2°C
197 (Fig. 2d). Foltz and McPhaden (2010a) showed that the strong equatorial cooling was
198 caused by western boundary-reflected upwelling Kelvin waves. Between May and July
199 SSTs became anomalously warm to the north of 15°N , and the cold SST anomalies
200 between the equator and 15°N weakened considerably. Surface winds returned to
201 normal throughout most of the basin.

202 The initial trigger for the strong meridional mode event in 2009 can be traced to
203 the anomalous intensification of the TNA trade winds in January and February. The
204 enhanced trade winds are consistent with La Niña conditions in the eastern equatorial
205 Pacific during the winter of 2008–09 and a positive North Atlantic Oscillation (NAO)
206 index in January 2009 (Table 1). The anomalously strong trade winds in January and
207 February 2009 cannot be explained entirely by ENSO and the NAO, however: The
208 2008 La Niña in the Pacific was stronger than the La Niña in 2009, and the NAO
209 index was of the same sign and comparable in magnitude between the years (Table 1).
210 Based on the NAO and ENSO indices for 2008 and 2009, therefore, wind speed in the
211 TNA during these years should have been similar. Instead, winds were slightly weaker

212 than normal in Jan–Feb 2008, but two standard deviations stronger than normal in
213 Jan–Feb 2009 (Table 1).

214 The stronger winds in 2009 relative to 2008 can be explained in part by a stronger
215 than normal subtropical Atlantic high pressure system (STH) in 2009 compared to
216 2008. Changes in the strength of the STH account for part of the NAO variability, along
217 with changes in atmospheric circulation in the subpolar Atlantic (Wallace and Gutzler
218 1981). It is therefore possible for strong fluctuations in the STH to occur without
219 corresponding fluctuations in the NAO index if the STH and subpolar Atlantic vary in
220 phase. Indeed, the STH was 1.5 standard deviations above normal in January 2009,
221 compared to one standard deviation below normal in January 2008 despite positive
222 values of the NAO index in both years (Table 1). The strong influence of the STH on
223 TNA wind speed during 2008–09, independent of the NAO and ENSO, is consistent
224 with a statistical analysis for 1982–2009. Multiple linear regression using the NAO,
225 Niño-3.4, and STH indices explains 80% of tropical North Atlantic wind speed variance
226 in January, compared to 55% when the predictors are limited to the NAO and Niño-
227 3.4 indices. The persistence of strong positive wind speed anomalies from January to
228 February 2009 despite a negative NAO index and weakly positive STH may be due
229 to stronger than normal convection in the Amazon during February 2009 (Table 1),
230 consistent with Enfield and Mayer (1997) and Saravanan and Chang (2000).

231 The development of cold SST anomalies in the TNA in January coincident with
232 stronger than normal trade winds suggests that the SST anomalies here were forced
233 primarily by enhanced wind-induced evaporative heat loss, consistent with previous
234 studies (Cayan 1992, Carton et al. 1996; Tanimoto and Xie 2002; Foltz and McPhaden
235 2006). Following the initial cooling in the TNA in January 2009, cold SST anomalies

236 persisted between 2°N – 12°N during Feb–May 2009 despite much weaker wind speed
 237 anomalies in this region (Fig. 2b,c). This is the time of year when positive wind-
 238 evaporation-SST feedback is strongest in the tropical Atlantic (Xie and Carton 2004).
 239 It is therefore possible that positive wind-evaporation-SST (WES) feedback contributed
 240 to the strong anomalous cooling in the equatorial North Atlantic (ENA; 2°N – 12°N ,
 241 15°W – 45°W) and rapid development of the AMM during Feb–May 2009. In the next
 242 two sections we analyze the processes responsible for the generation and persistence of
 243 the cold SST anomalies in the ENA during Jan–Apr 2009.

244 **3.2 Ekman pumping and entrainment anomalies**

245 Previous studies suggest that on interannual timescales SST anomalies in the TNA
 246 (12°N – 25°N) are driven primarily by changes in wind-induced latent heat flux. In
 247 contrast, in the equatorial band (12°S – 12°N) surface heat fluxes appear to be less
 248 important relative to ocean dynamics (Carton and Huang 1994; Carton et al. 1996).
 249 Therefore, we expect that ocean dynamics may have contributed significantly to the
 250 development of the cold SST anomalies in this region during January–May 2009. One
 251 candidate is anomalous Ekman pumping, driven by anomalous northwesterly winds
 252 in the equatorial Atlantic (Fig. 2). Foltz and McPhaden (2010a) showed that the
 253 anomalous northwesterlies in early 2009 generated upwelling equatorial Rossby waves,
 254 which in addition to Ekman pumping, may have contributed to anomalous cooling of
 255 SST. In this section we first focus on the role of Ekman pumping, a mechanism that was
 256 not considered by Foltz and McPhaden (2010a). We then discuss entrainment, which
 257 implicitly includes the contributions from equatorial waves and Ekman dynamics.

258 To calculate Ekman pumping velocity, we first follow Lagerloef et al. (1999) and
 259 assume a steady linear momentum balance in the upper ocean:

$$-fh_e v_e = \frac{\tau^x}{\rho} - r u_e \quad (1)$$

$$fh_e u_e = \frac{\tau^y}{\rho} - r v_e \quad (2)$$

Here h_e is a constant depth of 30 m and r is a frictional damping coefficient set to $2 \times 10^{-4} \text{ m s}^{-1}$. The values of h_e and r were determined empirically from the motion of surface drifting buoys in the global equatorial ocean (Lagerloef et al. 1999). Ekman pumping velocity is then calculated from (1) and (2) as the divergence of the Ekman transport:

$$\begin{aligned} w_e &= h_e \nabla \cdot \mathbf{v}_e \\ &= \frac{-2rh_e^3 f \beta \tau^y}{\rho(r^2 + h_e^2 f^2)^2} + \frac{h_e^2 f \frac{\partial \tau^y}{\partial x} + rh_e \frac{\partial \tau^y}{\partial y}}{\rho(r^2 + h_e^2 f^2)} \\ &\quad + \frac{2h_e^3 f^2 \beta \tau^x}{\rho(r^2 + h_e^2 f^2)^2} + \frac{-h_e^2 f \frac{\partial \tau^x}{\partial y} + rh_e \frac{\partial \tau^x}{\partial x} - h_e^2 \beta \tau^x}{\rho(r^2 + h_e^2 f^2)} \end{aligned} \quad (3)$$

In most of the tropical Atlantic, poleward of 10° and away from the African coast, climatological Ekman pumping is weak and negative (i.e., downwelling) during Jan–Apr (Fig. 3a). Ekman pumping (i.e., upwelling) of less than 0.3 m day^{-1} is present in the eastern basin poleward of 5° . There is a narrow band of stronger Ekman pumping ($>1 \text{ m day}^{-1}$) centered just south of the equator and a band of strong negative values just north of the equator in the eastern basin.

During boreal winter and spring 2009 there was Ekman pumping of $\sim 0.3\text{--}1.5 \text{ m day}^{-1}$ between the equator and 6°N , west of 20°W , in a region where there is normally negative Ekman pumping (i.e., downwelling) or very weak upwelling (Fig. 3b). Ekman pumping anomalies in Jan–Apr 2009 reached 1 m day^{-1} in a narrow band centered near 3°N between 20°W – 40°W . Anomalous Ekman pumping here was driven

276 primarily by the meridional component of wind stress (Fig. 3c). Anomalous northerly
 277 wind stress acting on the meridional gradient of planetary vorticity (the beta effect;
 278 first term on the right in (3)), combined with the westward increase in anomalous
 279 northerly wind stress (the curl effect; second term on the right in (3)) and anomalous
 280 meridional wind stress divergence (third term on the right in (3)), all contributed
 281 to positive Ekman pumping anomalies between the equator and 6°N. The strongest
 282 Ekman pumping anomalies coincided with anomalous shoaling of the thermocline of
 283 ~ 10 m (Fig. 4d-f).

284 During Jan–Feb, there was also pronounced anomalous deepening of the mixed
 285 layer between the equator and 30°N (Fig. 4d-f), which was most likely driven by
 286 enhanced turbulent mixing associated with the anomalously strong trade winds during
 287 the same period (Fig. 2a, Fig. 3c). The anomalous mixed layer deepening was strongest
 288 to the north of the strongest Ekman pumping and thermocline depth anomalies, where
 289 the wind speed anomalies were greatest.

290 The anomalous Ekman pumping and mixed layer deepening would have tended
 291 to cool SST anomalously through entrainment. Entrainment velocity here is defined
 292 following McPhaden (1982):

$$w_{entr} = \frac{\partial h}{\partial t} - \frac{\partial Z_{20}}{\partial t} \quad (4)$$

293 In (4), h is the mixed layer thickness and Z_{20} is the depth of the 20°C isotherm, defined
 294 here as positive downward. Positive entrainment, which tends to cool the mixed layer,
 295 will occur when w_{entr} is positive (e.g., when the mixed layer deepens faster than the
 296 thermocline or shoals more slowly). The climatological entrainment velocity is positive
 297 between the equator and 10°N during January–February, when the mixed layer is

298 deepening to the west of 30°W, and Z_{20} is shoaling in the east (Fig. 4a-c). The
 299 strongest anomalous entrainment velocity in 2009 also occurs in this region and during
 300 January–February, the period with anomalous mixed layer deepening and anomalous
 301 shoaling of the thermocline (Fig. 4d-f).

302 The efficiency with which anomalous entrainment velocity cools SST depends on
 303 the vertical temperature gradient at the base of the mixed layer and the mixed layer
 304 depth:

$$\left(\frac{\partial T}{\partial t}\right)_{entr} = -\frac{H\Delta T w_{entr}}{h} \quad (5)$$

305 Here H is the Heaviside unit function ($H=0$ if $w_{entr} < 0$ and $H=1$ otherwise), T is the
 306 vertically-averaged mixed layer temperature, and ΔT is the temperature jump at the
 307 base of the mixed layer. Based on (5), we anticipate that the strongest entrainment
 308 will occur in the eastern basin, since this is where the mixed layer is thinnest on
 309 average, thus reducing its heat capacity, and where the thermocline is shallowest,
 310 tending to increase the magnitude of ΔT (Fig. 4a-c). We expect entrainment to have
 311 the strongest impact on SST in a climatological sense during Jan–Feb, when w_{entr} is
 312 positive. Similarly, we expect the strongest anomalous entrainment cooling in 2009 to
 313 occur in the eastern basin and during January–February, when anomalous entrainment
 314 velocity is strongest. The results of this qualitative analysis are generally consistent
 315 with the location and timing of the strongest anomalous cooling of SST in the tropical
 316 North Atlantic during 2009 (Fig. 5a).

317 3.3 Mixed layer temperature balance

318 In order to quantify the contributions from entrainment and surface heat fluxes to
 319 the anomalous cooling in early 2009, we consider the mixed layer temperature budget,
 320 which can be written

$$\frac{\partial T'}{\partial t} = \frac{Q'_0}{\rho c_p(\bar{h} + h')} - \frac{\overline{Q_0}h'}{\rho c_p(\bar{h} + h')^2} - (\mathbf{v} \cdot \nabla T)' - \left(\frac{H \Delta T w_{entr}}{h} \right)' + \epsilon \quad (6)$$

321 Here overbars indicate the mean seasonal cycle and primes indicate anomalies from
 322 the monthly mean seasonal cycle. The term on the left is the change in mixed layer
 323 temperature. The first four terms on the righthand side are the changes in mixed layer
 324 temperature due to anomalies of the surface heat flux (Q_0), anomalies of mixed layer
 325 thickness acting on the mean surface heat flux, horizontal temperature advection, and
 326 entrainment, respectively, and ϵ represents the sum of errors in the estimation of the
 327 other terms in (6) and unresolved processes, such as anomalies of vertical turbulent
 328 diffusion at the base of the mixed layer. Here T is vertically averaged temperature in
 329 the mixed layer, h is the mixed layer thickness, and \mathbf{v} is horizontal velocity averaged
 330 vertically in the mixed layer. We parameterize the temperature jump at the base of the
 331 mixed layer in the entrainment term as $\Delta T = T - T_{h|10}$, where $T_{h|10}$ is the temperature
 332 10 m below the base of the mixed layer. This parameterization gives $\Delta T = 2^\circ\text{C}$
 333 averaged between 2°N – 12°N during January–April, which is consistent with ΔT used
 334 in previous studies (e. g., Hayes et al. 1991, Foltz et al. 2010). In reality, ΔT likely
 335 depends on a number of factors, such as stratification below the mixed layer and the
 336 magnitude of w_e . We therefore anticipate a relatively high degree of uncertainty in our
 337 estimates of entrainment. For terms on the righthand side of (6) we have retained the

338 nonlinear components since anomalies of h can be nearly as large as seasonal mean
 339 values of h .

340 We calculate T from monthly averaged TMI/AMSR-E SST. Individual Argo tem-
 341 perature and salinity profiles during 2005–2009 are used to calculate monthly averaged
 342 h , ΔT , and Z_{20} . The mixed layer depth is calculated using the criterion of the density
 343 equivalent of a 0.3°C decrease from a depth of 5 m. Results are similar for criteria
 344 ranging from 0.2 – 0.5°C . The net surface heat flux consists of the latent, sensible, short-
 345 wave, and longwave heat fluxes. The shortwave and longwave components are obtained
 346 from the TropFlux analysis. We calculate the amount of SWR penetrating through
 347 the base of the mixed layer as $Q_{pen} = 0.47Q_{sfc}e^{-h/15}$, where Q_{sfc} is the net surface
 348 SWR assuming an albedo of 6%.

349 The latent and sensible heat fluxes are calculated using bulk flux formulations
 350 with NCEP/NCAR reanalysis air temperature and specific humidity, TMI/AMSR-E
 351 SST, and QuikSCAT wind speed: $Q_e = \rho_a L C_e s(q_s - q)$, $Q_s = \rho_a c_p C_h s(T_s - T)$. Here s
 352 is wind speed, q_s is saturation specific humidity at the sea surface calculated from SST,
 353 q is specific humidity, T_s is SST, T is air temperature, and $C_e = C_h = 1.5 \times 10^{-3}$. This
 354 hybrid satellite-reanalysis approach is used because of significant errors in the reanalysis
 355 wind speed and turbulent heat fluxes (e.g., Sun et al. 2003). The longwave and sensible
 356 heat fluxes are generally weak compared to the latent and shortwave components.
 357 Anomalies of horizontal temperature advection are calculated from satellite-derived
 358 OSCAR currents and satellite SST gradients. We use the convention that a positive
 359 surface heat flux tends to warm the ocean. Error estimates for the anomalous change
 360 in T and the sum of the terms on the righthand side of (6) are shown in Table 2 and
 361 discussed in the Appendix.

362 During Jan–Feb 2009, anomalous cooling of SST was strongest between the equa-
 363 tor and $\sim 15^\circ\text{N}$ (Fig. 5a). The cooling was driven primarily by stronger than normal
 364 latent heat flux (LHF) and entrainment (Fig. 5b–e). In Mar–Apr, there was additional
 365 anomalous cooling in the 2°N – 12°N band and anomalous warming to the north and
 366 south (Fig. 5f). Anomalies of LHF and $h'\overline{Q_0}$ contributed to the anomalous warming
 367 outside of the 2°N – 12°N band during Mar–Apr (Fig. 5g,j). Between 2°N – 12°N , anoma-
 368 lous cooling from entrainment and $h'\overline{Q_0}$ was balanced by strong anomalous warming
 369 from LHF and shortwave radiation (SWR). Horizontal temperature advection tended
 370 to cool the mixed layer anomalously in the eastern basin between 5°N – 15°N , where
 371 westward mean currents and anomalous zonal SST gradients were strongest. Averaged
 372 in the tropical North Atlantic, however, its contribution to the anomalous cooling was
 373 small compared to surface fluxes and entrainment.

374 We next focus on the equatorial North Atlantic (ENA) region (2°N – 12°N , 15°W –
 375 45°W) for a quantitative assessment of the mixed layer temperature balance. Our
 376 selection of this region is based on several factors. First, the SST anomalies in this
 377 region were generally much stronger than those to the north and south. The processes
 378 responsible for generating the SST anomalies in this region are therefore more likely to
 379 be resolved above observational noise and uncertainties associated with uneven sam-
 380 pling. Second, based on our qualitative analysis, the temperature budget in the ENA
 381 region appears to be a balance between several terms, including entrainment, LHF,
 382 SWR, and $h'\overline{Q_0}$. Quantifying these terms in relation to anomalous changes in SST
 383 will help to determine which processes are most important. Finally, the ENA region is
 384 sampled by a larger number of Argo floats compared to the equatorial band, and there
 385 are two PIRATA moorings in the ENA region that were well positioned to record the

386 strong anomalies in early 2009 (Fig. 2, section 4).

387 Because of strong spatial variability of the temperature budget in the ENA (Fig.
388 5), we calculate the terms in (6) averaged in four subregions (**NE**: 15°W–30°W, 7°N–
389 12°N; **NW**: 30°W–45°W, 7°N–12°N; **SW**: 30°W–45°W, 2°N–7°N; **SE**: 15°W–30°W,
390 2°N–7°N) and then average each of the subregions to obtain the temperature balance
391 in the ENA region as a whole.

392 During January–February both wind-induced latent heat flux (LHF) and en-
393 trainment contributed significantly to the observed cooling in the ENA region (Table
394 2). Anomalous cooling from entrainment was comparable in magnitude to that from
395 wind-induced LHF and was driven by anomalous mixed layer deepening in the NW,
396 NE, and SW subregions, and thermocline shoaling in the SE subregion. The strongest
397 anomalies of entrainment cooling were concentrated in the eastern basin (NE and SE
398 subregions; Fig. 5d), where there is a shallow mean mixed layer and thermocline (Fig.
399 4b). Anomalous cooling from wind-induced LHF was strongest in the NE subregion
400 (Fig. 5b), where the wind speed anomaly was strongest and the climatological mixed
401 layer is thinnest. The good agreement between the sum of LHF, SWR, and entrain-
402 ment and the observed change in SST suggests that other processes, such as horizontal
403 temperature advection and vertical turbulent mixing, were relatively unimportant, or
404 that they canceled one another (Table 2).

405 After the initial anomalous cooling of 1°C in January–February, subsequent cool-
406 ing during March–April was relatively weak. The weaker cooling during March–April
407 is a consequence of an anomalous warming tendency of 0.7°C due to LHF-induced
408 damping of the anomalously cold SST, combined with a warming tendency of 0.7°C
409 from the enhanced SWR associated with the southward anomalous displacement of the

ITCZ (Fig. 5f-h; Table 2). The LHF-induced anomalous warming is partially balanced by a cooling tendency from entrainment, combined with anomalous cooling from the dilution of the mean positive surface heat flux over a thicker mixed layer (i.e., a reduction in the ability of the surface flux to warm SST due to the increased volume of the mixed layer) (Fig. 5i,j).

The sum of the LHF, SWR, surface heat flux dilution, and entrainment terms contributed anomalous warming of 0.9°C during March–April, whereas the observed SST decreased by 0.2°C (Table 2). It is therefore possible that horizontal temperature advection played an important role during this period. It is also possible that we have underestimated entrainment due to our simple parameterization of ΔT or because of uneven sampling from Argo floats. First we consider horizontal temperature advection.

Following Lee et al. (2004), the anomalous change in mixed layer temperature in the ENA region due to horizontal advection can be expressed as

$$\left(\frac{\partial T}{\partial t}\right)'_{adv} = \frac{(u_w \delta T_w)' - (u_e \delta T_e)'}{\Delta x} + \frac{(v_s \delta T_s)' - (v_n \delta T_n)'}{\Delta y} \quad (7)$$

Here u and v are zonal and meridional velocity from OSCAR, respectively, δT is the difference between SST and SST averaged in the ENA region, and Δx and Δy are the distances along the zonal and meridional boundaries of the ENA region, respectively. The subscripts w , e , s , and n represent averages along the western, eastern, southern, and northern boundaries, respectively. Based on (7), we find that zonal advection tended to cool the mixed layer anomalously by 0.2°C between Jan–Apr 2009, with most of the cooling occurring during Mar–Apr. In contrast, meridional advection provided weak ($<0.1^\circ\text{C}$) anomalous warming between Jan–Apr. As a result, horizontal advection tended to cool the mixed layer by only 0.1°C during March–April, whereas

432 the temperature balance residual during this period indicates cooling of 1.1°C is needed
433 to close the budget.

434 It is also possible that we have underestimated entrainment during March–April.
435 Our estimates are based on Argo profiles, which are unevenly distributed spatially.
436 The band of anomalous Ekman pumping during March–April 2009 is concentrated in
437 a narrow latitude range centered near 3°N (Fig. 3c) that was undersampled by Argo
438 floats relative to the northern portion of the ENA region. During March–April 2009
439 there were 124 Argo profiles between 4°N – 7°N , but only 30 profiles between 2°N – 4°N .
440 The possibility that we have underestimated entrainment is also supported by the
441 results of a temperature budget analysis at the 4°N , 23°W PIRATA mooring location
442 presented in the next section, which shows anomalous mixed layer cooling of $\sim 2^{\circ}\text{C}$
443 during March–April 2009 associated with the anomalous vertical heat flux at the base
444 of the mixed layer. The spatial distribution of Argo floats is similar during January–
445 February 2009, suggesting that we may have underestimated entrainment during this
446 period as well.

447 In summary, the anomalous cooling in the equatorial North Atlantic (2°N – 12°N)
448 during January–February 2009 was driven by a combination of enhanced wind-induced
449 latent heat loss and entrainment. After the initial cooling, SSTs remained anomalously
450 cold during March and April due to a balance between the dilution of the surface heat
451 flux over a thicker mixed layer, tending to cool the mixed layer anomalously, and
452 the combination of anomalous warming from enhanced SWR due to the anomalous
453 southward shift of the ITCZ, and SST-induced evaporation, tending to damp the cold
454 anomaly back to climatology. Failure to close the temperature balance during March–
455 April likely results from an underestimation of entrainment cooling during this period.

456 4 PIRATA mooring locations

457 In this section we analyze the mixed layer temperature balances at two PIRATA moor-
 458 ing locations in the ENA region (12°N, 23°W and 4°N, 23°W) (Fig. 2c,d). The advan-
 459 tages of using measurements from the moorings are the increased temporal resolution
 460 of subsurface temperature and salinity measurements (daily from the moorings versus
 461 monthly from Argo) and more accurate measurements of surface fluxes from the moor-
 462 ings compared to satellites and atmospheric reanalyses. The temperature budgets at
 463 the mooring locations therefore complement the area-averaged analysis presented in
 464 the previous section.

465 The mixed layer temperature balance equation applied at the mooring locations
 466 is similar to that used for the area-averaged analysis (eq. 6):

$$\frac{\partial T'}{\partial t} = \left(\frac{Q_0}{\rho c_p h} \right)' + Q'_{ocean} \quad (8)$$

$$Q'_{ocean} = -(\mathbf{v} \cdot \nabla T)' - \left(\frac{H \Delta T w_{entr}}{h} \right)' + \epsilon \quad (9)$$

467 Here all terms are as in (6). Terms in (8) are defined as positive when they tend to
 468 heat the mixed layer. Mixed layer thickness, ΔT , Z_{20} , entrainment, and the penetrative
 469 component of shortwave radiation (SWR) are calculated as in section 3.3 using daily
 470 averages of buoy temperature, salinity, and surface shortwave radiation. Mixed layer
 471 temperature is calculated using buoy subsurface temperature and mixed layer depth.
 472 Mixed layer depth is estimated using the criterion of the density equivalent of 0.3°C
 473 temperature decrease from a depth of 1 m.

474 Horizontal advection (first term on the right in eq. 9) is calculated using daily
 475 OSCAR currents and TMI/AMSR-E SST. The OSCAR zonal currents agree reasonably

476 well with zonal currents at a depth of 10 m from the moorings. The meridional currents
 477 are more poorly represented by OSCAR. The correlation between 5-day averaged buoy
 478 and OSCAR zonal velocity at 12°N, 23°W is 0.7, based on ~ 2 years of daily data. The
 479 record-length mean is -6.7 cm s^{-1} for OSCAR and -3.8 cm s^{-1} for the mooring. For
 480 the meridional component the correlation is 0.4, and the mean of the mooring velocity
 481 is 2.0 cm s^{-1} , while for OSCAR the mean is -0.1 cm s^{-1} . At 4°N, 23°W the correlation
 482 for the zonal component is 0.8, and for the meridional component the correlation is
 483 zero. The record-length means for the zonal component are 8.3 cm s^{-1} for the mooring
 484 and 6.3 cm s^{-1} for OSCAR. For the meridional component the means are 3.3 cm s^{-1}
 485 for the mooring and 0 cm s^{-1} for OSCAR. These uncertainties in OSCAR currents
 486 translate to errors in the temperature balance of $\pm 0.1 - 0.2^\circ\text{C mo}^{-1}$ (see Appendix).

487 The surface latent and sensible heat fluxes are calculated using daily buoy air
 488 temperature, relative humidity, SST, and wind speed in version 3 of the COARE bulk
 489 flux algorithm (Fairall et al. 2003). We use daily TropFlux net longwave radiation
 490 (LWR) at 4°N, 23°W and calculate net longwave emission at 12°N, 23°W using direct
 491 measurements of downward LWR at the mooring. Because of gaps in the buoy time
 492 series, anomalies for the Nov 2008 – Nov 2009 period are calculated with respect to
 493 either the same period during 2007–2008 (at 12°N, 23°W) or 2006–2007 (4°N, 23°W).
 494 Error estimates for each term in (8) and (9) are discussed in the Appendix, and error
 495 bars for Q_{ocean} and horizontal advection (the terms with the largest errors) are shown
 496 in Figs. 6–7.

497 **4.1 12°N, 23°W**

498 The PIRATA mooring at 12°N, 23°W was located to the northwest of the strongest
 499 cold SST anomalies in March–May 2009 (Fig. 2b,c). There was strong anomalous

500 cooling at this location during Jan–Feb 2009, consistent with satellite SSTs during the
501 same period (Fig. 6a). The anomalous cooling at the mooring location corresponds to
502 a period with stronger than normal wind speed and a pronounced anomalous deepening
503 of the mixed layer (Fig. 6b). The timing and magnitude of the anomalous mixed
504 layer deepening and wind speed anomalies are consistent with satellite and Argo mea-
505 surements in the ENA region (Figs. 2, 4).

506 Enhanced wind speed in Jan–Feb at 12°N, 23°W tended to cool the mixed layer
507 anomalously through enhanced latent heat flux (LHF). However, when anomalies in
508 mixed layer depth are taken into account, the net impact of LHF on SST during Jan–
509 Apr was anomalous warming due to the dilution of the climatological latent heat loss
510 over a thicker mixed layer (Fig. 6c). The same mechanism played an important role
511 in determining the sign of the SWR-induced SST tendency. There was anomalously
512 strong SWR during mid January through April 2009, tending to warm the mixed
513 layer anomalously. Dilution of the climatological SWR flux over a thicker mixed layer,
514 however, resulted in a net anomalous cooling tendency due to SWR during Jan–Apr
515 (Fig. 6c). Overall, there was anomalous mixed layer cooling of 1°C between March and
516 April 2009 associated with the dilution of the mean positive surface heat flux over the
517 anomalously thick mixed layer (Fig. 6d). The anomalous cooling associated with the
518 thicker mixed layer is consistent with the cooling observed in the ENA region during
519 the same period (Table 2), though the cooling at the mooring location is significantly
520 stronger. The stronger cooling at the mooring location compared to the ENA region
521 is likely due to the combination of a larger positive climatological net surface heat flux
522 and stronger anomalous mixed layer deepening at the mooring location.

523 The net surface heat flux agrees reasonably well with the rate of change of mixed

layer temperature during late 2008 and early 2009 at 12°N, 23°W (Fig. 6d), though there was stronger anomalous cooling during Jan–Feb 2009 than predicted by the surface heat flux (Fig. 6d,e). The mismatch can be explained by an anomalous cooling tendency from zonal temperature advection associated with an anomalously strong negative zonal SST gradient (i. e., strongest anomalous cooling located to the east of the mooring) in combination with climatological westward near-surface currents. Entrainment was not significant at this location, consistent with weak climatological downwelling and a deeper than normal thermocline. In the previous section it was found that entrainment was important in the NE subregion (7°N–12°N, 15°W–30°W) during Jan–Feb. The difference likely results from the positioning of the PIRATA mooring on the northern edge of the NE subregion, combined with a southward increase in the strength of Ekman pumping, thermocline depth, and entrainment anomalies (Figs. 3c, 4, 5).

4.2 4°N, 23°W

The PIRATA mooring at 4°N, 23°W is located in the southeastern corner of the ENA region, where there was strong anomalous cooling and anomalous Ekman pumping during Jan–Mar 2009 (Figs. 3c, 4, 5). The maximum negative SST anomaly occurred in late April at this location, almost two months after the strongest cold anomaly at 12°N, 23°W (Fig. 7a). Anomalous Ekman pumping led to anomalous shoaling of the thermocline of ~30 m between January and mid May at 4°N, 23°W (Fig. 7b). This timing is consistent with that found in the ENA region (Fig. 4). The largest thermocline depth anomalies at 4°N, 23°W coincided with the period when the thermocline is shallowest climatologically at this location.

Stronger than normal wind speed during Jan–Mar 2009 at 4°N, 23°W tended

548 to cool the mixed layer anomalously through enhanced latent heat loss (Fig. 7c),
549 consistent with the area-averaged temperature budget in the ENA region (Table 2).
550 Anomalous cooling from latent heat loss during Feb–May 2009 was balanced by a strong
551 anomalous warming tendency associated with positive anomalies of SWR (Fig. 7c).
552 The enhanced SWR at the mooring location during Feb–June is consistent with the
553 large-scale analysis of the previous section (Fig. 5c,h) and the pronounced anomalous
554 southward shift of the ITCZ during Apr–May 2009 (Fig. 1b).

555 The net surface heat flux agrees reasonably well with the mixed layer temperature
556 tendency during late 2008 and early 2009, though there is a period in April with strong
557 anomalous cooling ($\sim 2^{\circ}\text{C mo}^{-1}$) that cannot be explained by the surface heat flux
558 (Fig. 7d,e). April is also the month with the strongest observed anomalous cooling,
559 strong Ekman pumping anomalies, shallower than normal thermocline, and the clima-
560 tological minimum in thermocline depth. It is therefore anticipated that entrainment
561 was important at the mooring location in April. Indeed, estimates from the mooring
562 data show a broad peak of anomalous entrainment cooling centered in early April (Fig.
563 7e). The presence of strong entrainment cooling at 4°N , 23°W is consistent with the
564 analysis based on Argo profiles, which shows a maximum in entrainment cooling in the
565 NE and SE subregions (2°N – 12°N , 15°W – 30°W) and maximum thermocline shoaling
566 in the SE subregion (2°N – 7°N , 15°W – 30°W) (Figs. 4, 5). The timing of the strongest
567 entrainment cooling is inconsistent with the temperature budget in the ENA region,
568 however, which shows a maximum in Jan–Feb (Table 2). The discrepancy is likely due
569 in part to the uneven spatial distribution of Argo floats in the ENA region, as discussed
570 in the previous section.

5 Summary and Discussion

In Jan–May 2009 a strong Atlantic meridional mode event developed in the tropical Atlantic. During its peak in boreal spring, there were cold SST anomalies of 0.5° – 2°C in the equatorial North Atlantic (2°N – 12°N) and weaker warm SST anomalies in the equatorial South Atlantic (0° – 5°S). In this study the causes of the strong anomalous cooling in the equatorial North Atlantic are analyzed using satellite and in situ data sets.

It is found that the cooling was initiated in January by an anomalous intensification of the subtropical North Atlantic high pressure system and associated increase in strength of the trade winds in the tropical North Atlantic (12°N – 25°N). Stronger than normal trade winds persisted through February, due in part to a moderate La Niña in the Pacific and anomalously strong convection in the Amazon. Cold SST anomalies formed first near 20°N off the coast of Africa, progressed southward to 2°N – 12°N , then intensified and expanded westward during Feb–May. Surface winds in the equatorial Atlantic responded to the meridional SST gradient, becoming northwesterly in January and intensifying through May, consistent with positive wind–evaporation–SST feedback.

The surface wind anomalies forced anomalous Ekman pumping between 2°N – 6°N , shoaling the thermocline anomalously by 10–30 m during Jan–May. Farther north (6°N – 12°N), stronger than normal trade winds induced anomalous mixed layer deepening of 5–20 m. In each region, the net effect was to bring the thermocline closer to the base of the mixed layer, enhancing entrainment cooling. The anomalous entrainment cooling was partially balanced by positive anomalies of shortwave radiation associated with the pronounced anomalous southward shift of the ITCZ in response

595 to the interhemispheric SST gradient anomaly. Stronger than normal wind-induced
 596 evaporative heat loss also contributed significantly to the observed cooling in Jan–Feb.
 597 Dilution of the positive surface heat flux over an anomalously deep mixed layer (i.e., a
 598 reduction in the ability of the surface flux to warm SST due to the increased volume of
 599 the mixed layer) tended to cool the mixed layer anomalously during Mar–Apr 2009.
 600 The mechanisms responsible for generating the SST anomalies in the equatorial North
 601 Atlantic during Jan–Apr 2009 are summarized schematically in Fig. 8.

602 Our results for the event in 2009 are consistent with previous studies, which
 603 indicate that surface heat flux anomalies drive most of the interannual and decadal
 604 variability of SST in the northern tropical Atlantic, while ocean dynamics play an
 605 important role within 10° of the equator (Carton et al. 1996, Tanimoto and Xie 2002,
 606 Foltz and McPhaden 2006). We also found that changes in mixed layer depth affect the
 607 efficiency with which the net surface heat flux warms the mixed layer. It is interesting
 608 to compare our results to the mechanism proposed by Doi et al. (2010). They showed
 609 that changes in mixed layer depth in the Guinea Dome region (10°N – 15°N , 20°W –
 610 35°W) during boreal fall affect the Atlantic meridional mode the following spring.
 611 Anomalous deepening of the mixed layer in the fall dilutes the negative surface heat
 612 flux in a thicker layer, tending to increase SST anomalously. In contrast, we find that
 613 anomalous deepening of the mixed layer in the spring dilutes the positive surface heat
 614 flux, tending to anomalously decrease SST. The opposite effects of changes in MLD
 615 on SST during fall and spring result from opposite signs of the net surface heat flux
 616 during these seasons.

617 We found that anomalous entrainment cooling in the 2°N – 6°N band during Jan–
 618 Apr 2009 was driven in part by strong northwesterly wind anomalies and resultant

Ekman pumping. Foltz and McPhaden (2010a,b) showed that the wind stress field associated with a negative meridional mode in the spring (colder than normal SSTs north of the equator relative to the south, as occurred in 2009) generates upwelling equatorial Rossby waves north of the equator. The generation of upwelling Rossby waves is consistent with the observed southwestward propagation of the strongest cold SST anomalies during Jan–Apr 2009. Further studies are needed to quantify the contributions from Ekman dynamics and equatorial waves to thermocline depth and SST anomalies in the equatorial North Atlantic.

The results from this study suggest that there may be positive coupled feedbacks between Ekman pumping anomalies north of the equator and the cross-equatorial SST gradient anomaly. This feedback may act concurrently with positive wind-evaporation-SST (WES) feedback in the western Atlantic (Xie 1999, Chang et al. 2000). For example, after cold SST anomalies developed north of the equator in January 2009, northwesterly anomalous surface winds developed, causing anomalous Ekman pumping, shoaling of the thermocline, and cooling through entrainment. The anomalous cooling further intensified the cross-equatorial SST gradient anomaly, leading to stronger northwesterly wind anomalies. Both the WES feedback and Ekman pumping feedback are likely to be strongest in the boreal spring, when the thermocline is shallowest climatologically in the 2°N–12°N band and surface winds are most responsive to anomalies of the meridional SST gradient. Experiments with coupled models will be helpful for clarifying the relative importance of Ekman pumping, surface heat fluxes, and air-sea coupling for generating SST anomalies in the equatorial North Atlantic. As the observational records from Argo and PIRATA expand, it will also be possible to determine the extent to which the mechanisms at play in 2009 can be invoked to describe SST

⁶⁴³ variability in the equatorial North Atlantic in general.

644 Appendix: Error estimates

645

646 Satellite/Argo area-averages

647 Here we describe the methodology used to estimate errors for each term in the mixed
648 layer temperature equation (5). Errors in the rate of change of mixed layer tempera-
649 ture are due to uncertainties in TMI/AMSR-E SST. We have estimated these errors
650 to be $\pm 0.1^\circ\text{C}$, based on the monthly RMS difference between TMI/AMSR-E SST and
651 temperature at a depth of 1 m from the PIRATA moorings at 4°N , 38°W and 4°N ,
652 23°W during 2003–2009.

653 Uncertainties in daily-averaged latent heat flux (Q_e) and surface shortwave radi-
654 ation (SWR) are $\pm 20\text{W m}^{-2}$, and for the net surface heat flux (Q_0) a value of $\pm 30\text{W}$
655 m^{-2} is used, following Kumar et al. (2011). These values are converted to monthly
656 errors assuming an integral time scale (an estimate of the time period required to gain
657 a new degree of freedom) of three days.

658 Errors in monthly Argo mixed layer depth (MLD), ΔT , and Z_{20} are calculated
659 as the standard error of all measurements in a given equatorial North Atlantic (ENA)
660 subregion for a given month. Typical errors are ± 5 m for mixed layer depth, 0.3°C for
661 ΔT , and 5 m for Z_{20} .

662 Errors for each term in (5) averaged in each ENA subregion are calculated using
663 the monthly errors for SST, Q_e , Q_0 , SWR, MLD, ΔT , and Z_{20} and assuming the er-
664 rors are uncorrelated in time. Errors for the ENA region are then calculated using the
665 errors associated with each subregion, assuming two spatial degrees of freedom in the
666 ENA region. The errors for the sum of the terms on the righthand side of (5) and the
667 observed change in SST are shown in Table 2.

668

669 **PIRATA moorings**

670 Errors for each term in equation (6) are estimated using the methodology of Foltz and
671 McPhaden (2009). Typical errors are 5–10 m for MLD and Z_{20} , $0.7^{\circ}\text{C mo}^{-1}$ for latent
672 heat flux, $0.1^{\circ}\text{C mo}^{-1}$ for sensible heat flux, $0.1^{\circ}\text{C mo}^{-1}$ for longwave radiation, 0.9°C
673 mo^{-1} for absorbed shortwave radiation, and $1.4^{\circ}\text{C mo}^{-1}$ for horizontal advection. Error
674 estimates for shortwave radiation are likely underestimated at 12°N , 23°W since they
675 do not include the effect of dust accumulation on the sensor (e.g., Foltz and McPhaden
676 2008). Visual inspection of the record at 12°N , 23°W did not reveal any obvious jumps
677 in shortwave radiation immediately following sensor swaps, which generally indicates
678 significant dust accumulation.

679

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Figure Captions

Fig. 1 (a) Interannual anomalies of TMI/AMSR-E SST (shaded) and QuikSCAT wind velocity (vectors) averaged during April–May 2009. Wind vectors are plotted only where the magnitude of the wind speed anomaly is $> 1 \text{ m s}^{-1}$. (b) Same as (a) except shading is GPCP rainfall anomaly. Here and in subsequent figures, anomalies are with respect to the 2003–2008 monthly mean seasonal cycle unless otherwise indicated. (c) Meridional SST gradient index (black line) averaged during Apr–May, calculated as Reynolds et al. (2002) SST anomaly averaged in the tropical North Atlantic minus South Atlantic (regions are indicated by boxes in (a)), and Apr–May Northeast Brazil rainfall (red line), calculated from GPCP averaged in boxed region shown in (b). Note that in (c) the values for each year include the record-length mean and are not anomalies as in (a) and (b). Black circle and red dot on the right in (c) are the record-length means of meridional SST gradient index and NE Brazil rainfall, respectively.

Fig. 2 Interannual anomalies of SST (shaded) and surface wind velocity (vectors) during 2009 for the months of (a) January, (b) March, (c) May, and (d) July. White boxes in (b) and (c) indicate equatorial North Atlantic (ENA) region used for temperature budget analysis. White dots in (b) and (c) are the positions of the PIRATA moorings used in this study.

Fig. 3 (a) 2003–08 climatologies of Ekman pumping velocity (shaded, >0 indicates upwelling) and wind stress (vectors) during January–April. (b) Jan–Apr 2009 Ekman

814 pumping velocity and wind stress. (c) Jan–Apr 2009 anomalies of Ekman pumping
815 velocity and wind stress with respect to 2003–08 climatologies.

816

817 **Fig. 4** Left column: Climatological (2003–08) mixed layer depth (red contours, with
818 60 m highlighted in bold) and depth of the 20°C isotherm (shading, with 80 m con-
819 toured in black) during Dec (a), Feb (b), and Apr (c). Right column: Same as left
820 column, except contours are 2009 anomalies (with respect to 2005–08) of MLD, and
821 shading represents 2009 anomalies of Z_{20} .

822

823 **Fig. 5** Terms in the mixed layer temperature budget (eq. 5) averaged during Jan–
824 Feb 2009 (left column) and Mar–Apr 2009 (right column). Negative values indicate
825 anomalous cooling of SST. (a) and (f) Rate of change of SST. (b) and (g) Latent heat
826 flux. (c) and (h) Surface shortwave radiation. (d) and (i) Entrainment, with contours
827 shown for anomalies of 20°C isotherm depth (positive values for deeper than normal
828 and negative values for shallower than normal). (e) and (j) Mixed layer depth (MLD)
829 anomalies acting on the mean surface heat flux, with contours shown for MLD anoma-
830 lies (positive for deeper than normal and negative for shallower than normal).

831

832 **Fig. 6** Measurements from the PIRATA mooring at 12°N, 23°W during Nov 2008
833 – Jun 2009 (position of mooring is shown in Fig. 2). (a) SST anomaly. (b) Mixed layer
834 depth (MLD) climatology (black) and 2008–09 anomaly (shading), and wind speed
835 anomaly (red). (c) Anomalous contributions from surface latent heat flux (blue) and
836 shortwave radiation absorbed in the mixed layer (red) to changes in SST. Thin blue
837 line is the surface latent heat flux. (d) Anomalies of net surface heat flux (solid red),

838 surface heat flux with MLD held constant (dashed red), and mixed layer temperature
839 rate of change (black). (e) Anomalies of the sum of ocean processes (estimated from
840 the residual in the temperature balance and shown as solid blue curve), horizontal
841 temperature advection (green), and entrainment (pink). Blue and green shading rep-
842 resents one standard error. Anomalies are with respect to Nov 2007 – Jun 2008. Data
843 have been smoothed with a 20-day low-pass filter.

844

845 **Fig. 7** Same as in Fig. 6 except from the PIRATA mooring at 4°N, 23°W (loca-
846 tion shown in Fig. 2) and anomalies are with respect to Nov 2006 – Jun 2007. In
847 (b) the black curve is climatological 20°C isotherm depth (Z_{20}), grey shading is Z_{20}
848 anomaly, and red shading is Ekman pumping anomaly (positive values indicate up-
849 welling).

850

851 **Fig. 8** Schematic diagrams illustrating the processes responsible for generating the
852 SST anomalies during Jan–Apr 2009. Blue arrows in (a) represent anomalies of sur-
853 face wind velocity. In (b) the blue region is where anomalies of latent heat flux are
854 important, red is entrainment, green is anomalies of mixed layer depth acting on the
855 climatological surface heat flux, and grey shading is surface shortwave radiation.

Table Captions

Table 1 Climatic indices during Dec 2007 – Mar 2008 and Dec 2008 – Mar 2009. All values are monthly anomalies with respect to the corresponding 1982–2009 monthly means, normalized by the standard deviation. Tropical North Atlantic (TNA) wind speed is averaged 15°W–50°W, 5°N–20°N. North Atlantic Oscillation (NAO) index is NCEP/NCAR reanalysis surface pressure at the Azores minus Iceland. The Niño-3.4 index is SST averaged 120°W–170°W, 5°S–5°N. The subtropical high (STH) index is NCEP/NCAR reanalysis surface pressure averaged 30°W–40°W, 20°N–25°N. The Amazon convection index (Amzn) is satellite OLR averaged 30°W–70°W, 10°S–5°N. Negative values of OLR indicate enhanced convection. Bold font for Jan–Feb of each year highlights the months with the strongest positive wind speed anomalies in the TNA in 2009.

Table 2 2009 anomalies of terms in the mixed layer temperature balance, averaged in the ENA region (2°N–12°N, 15°W–45°W) during January–February (left column), March–April (middle), and the total for the January–April period (right column). The first row is the anomalous change in mixed layer temperature due to latent heat flux; second row due to anomalies of absorbed shortwave radiation; third row due to anomalies of mixed layer depth acting on the mean surface heat flux; and fourth row due to entrainment. Fifth row is the sum of the first three rows, and last row is observed (TMI/AMSR-E) anomalous change in SST. Units are °C. Errors for the sum and observed values are one standard error.

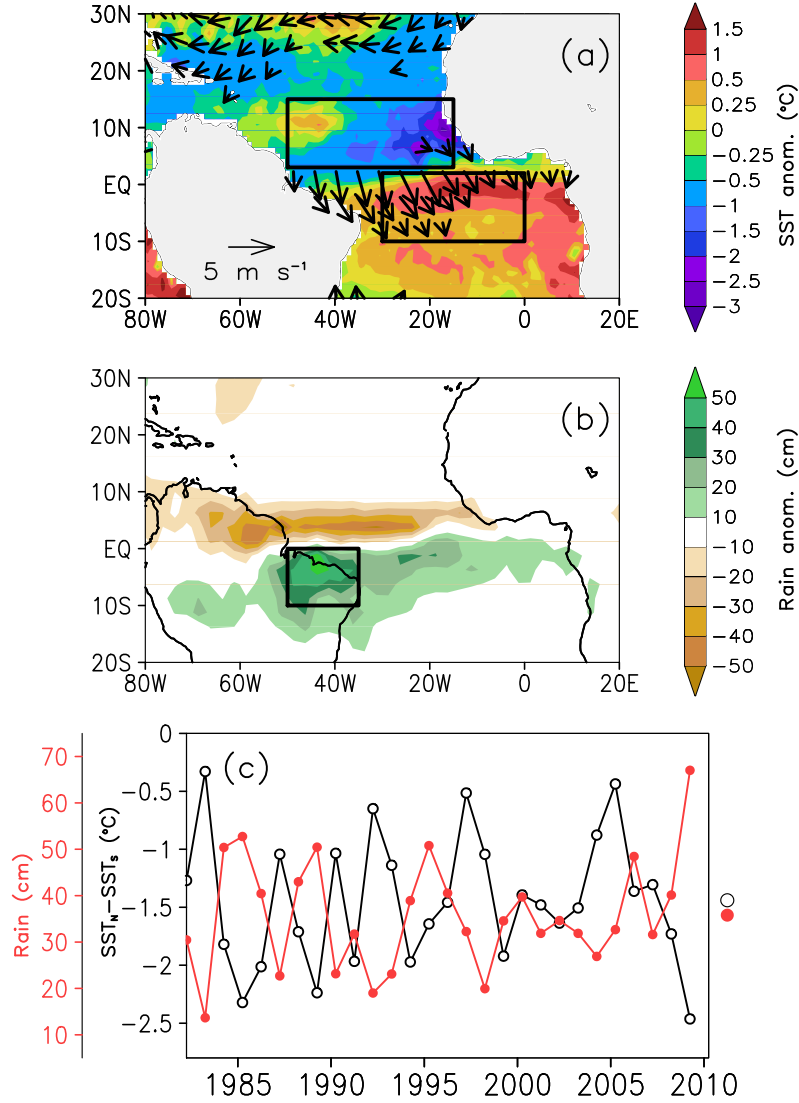


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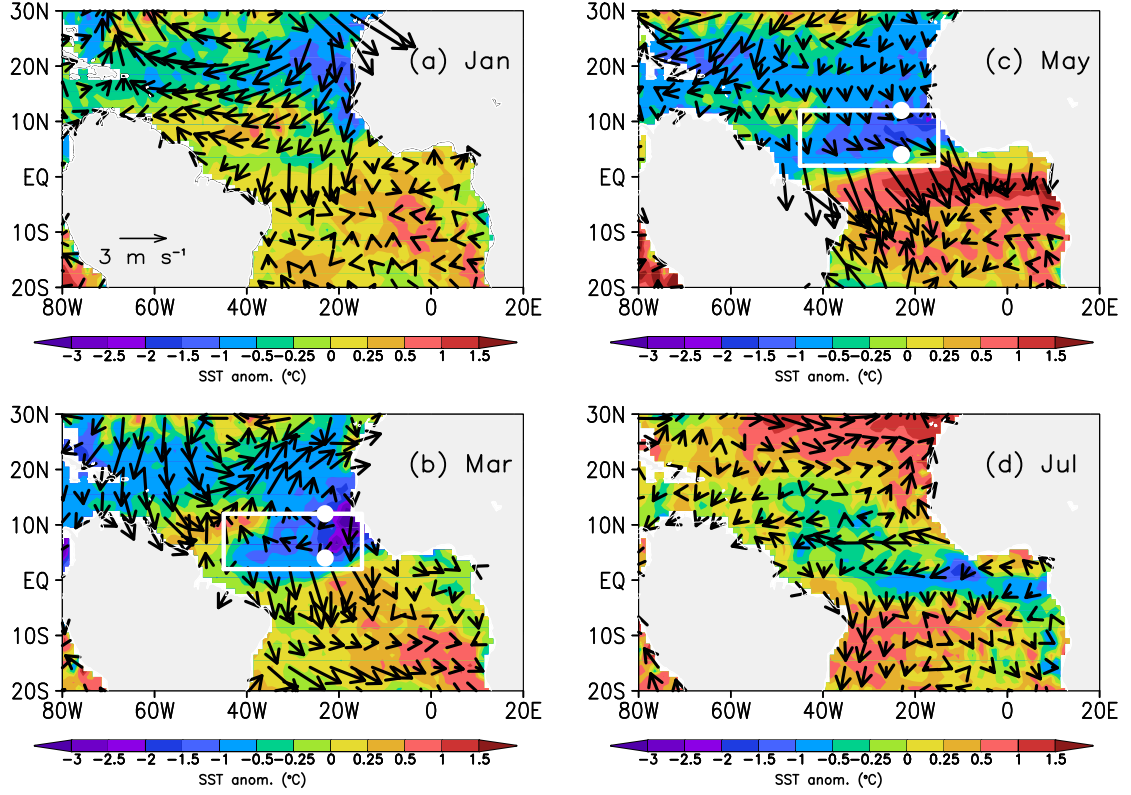


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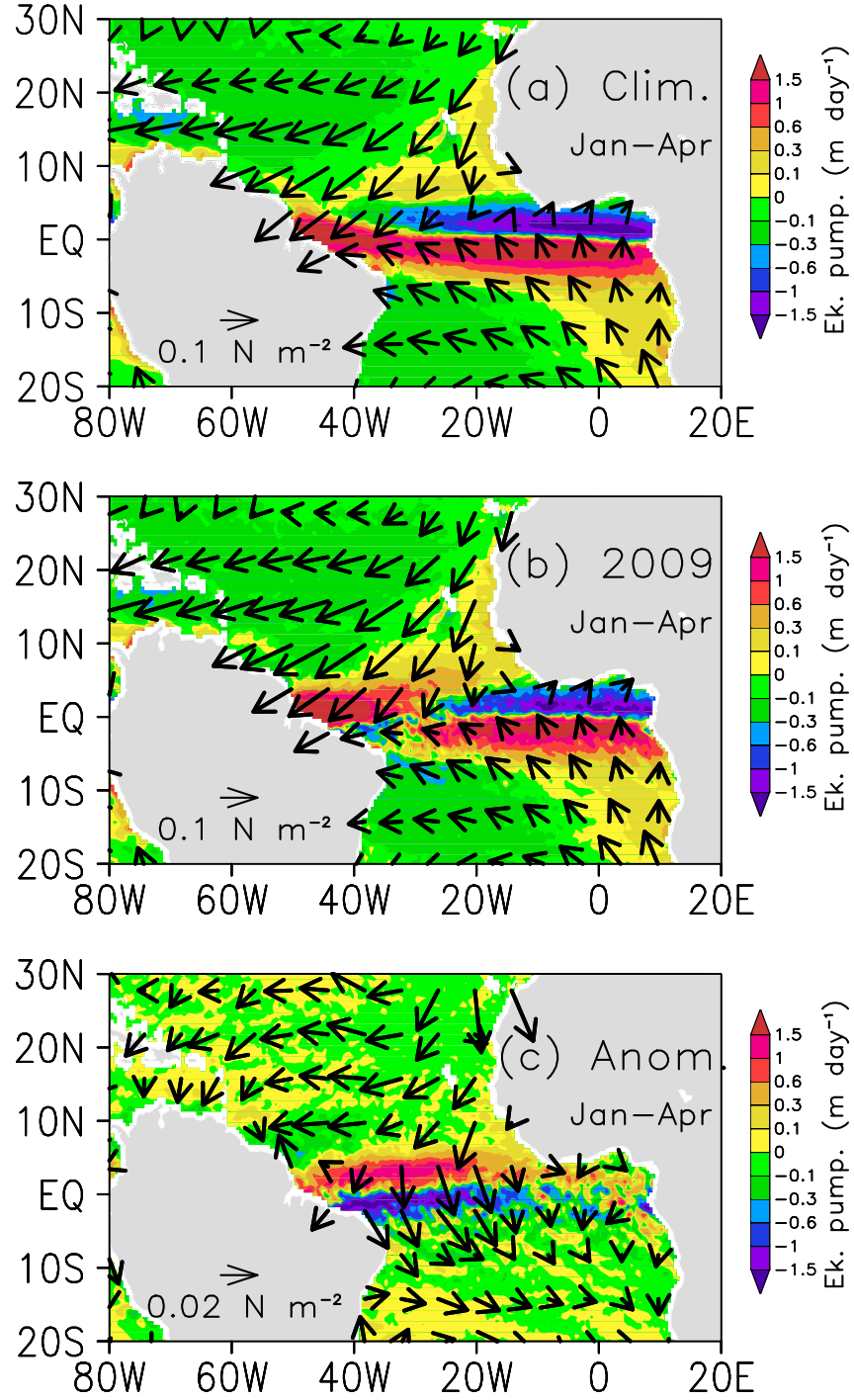


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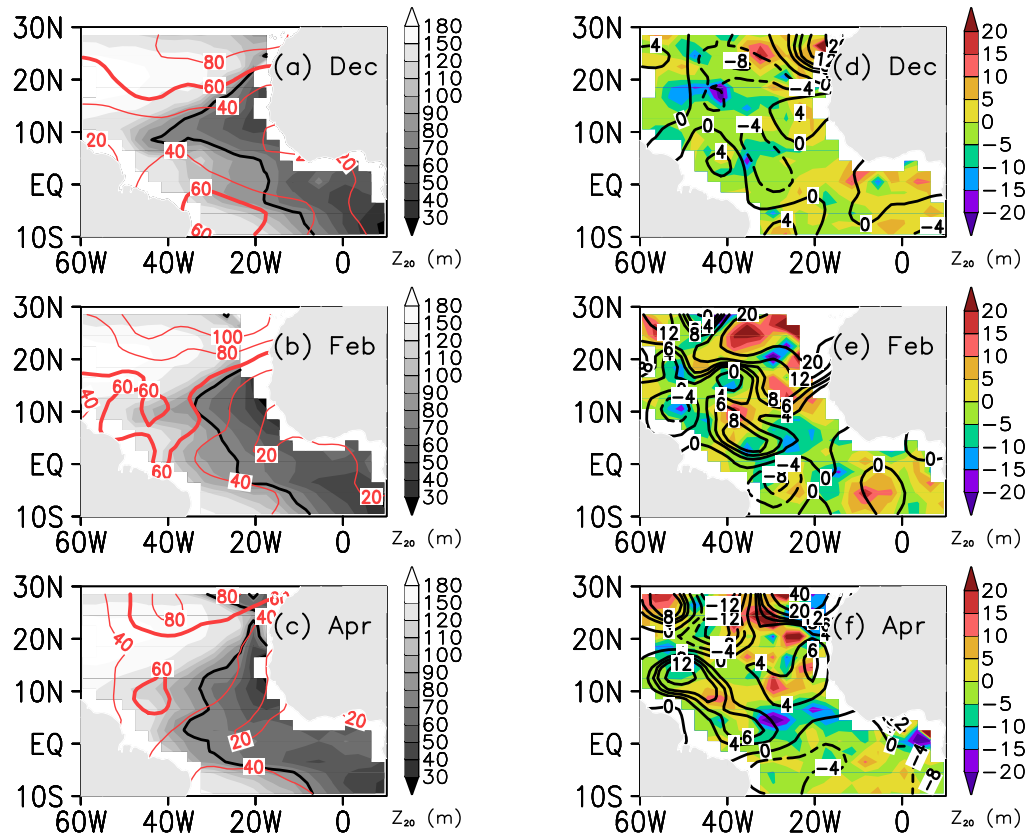


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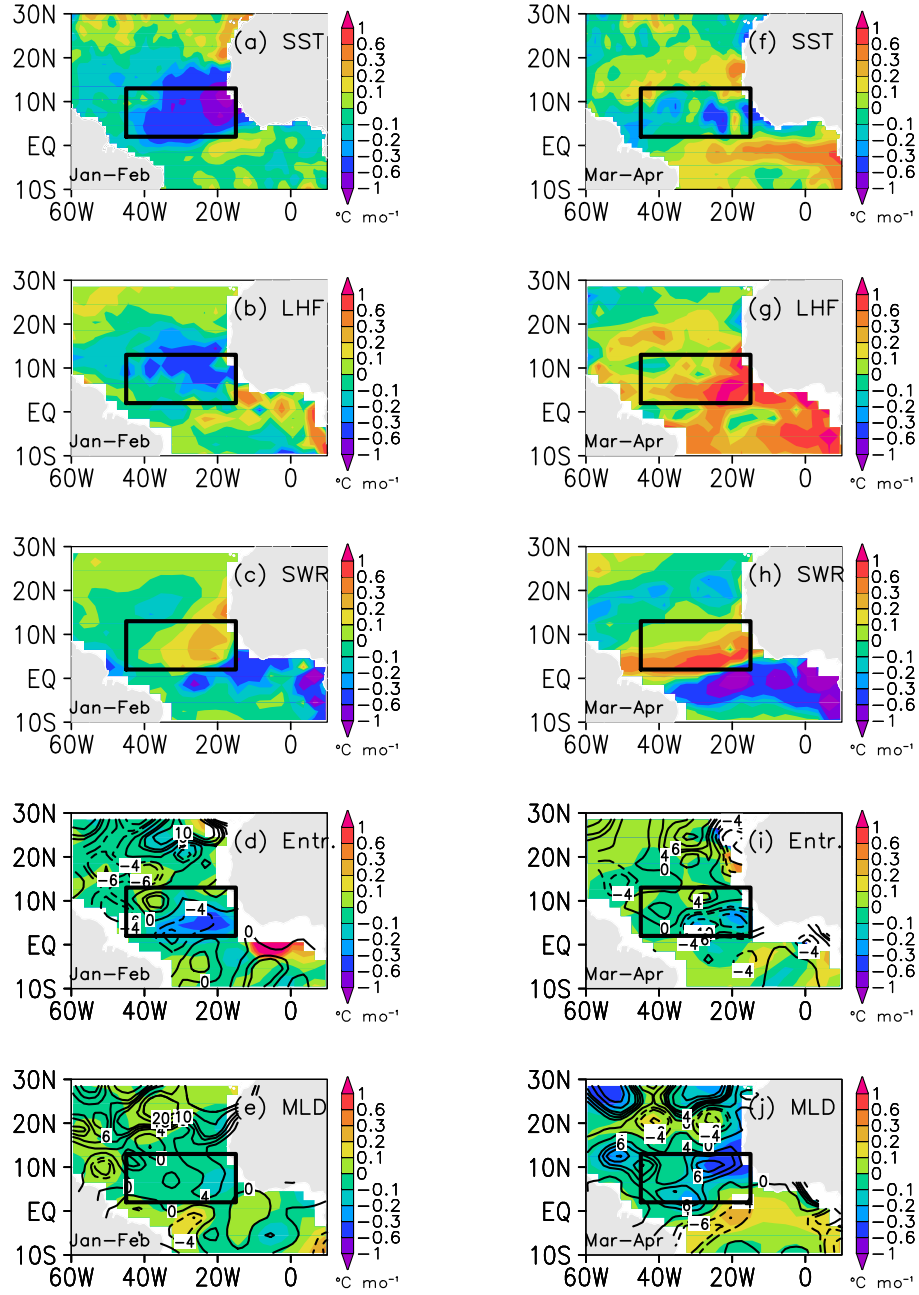


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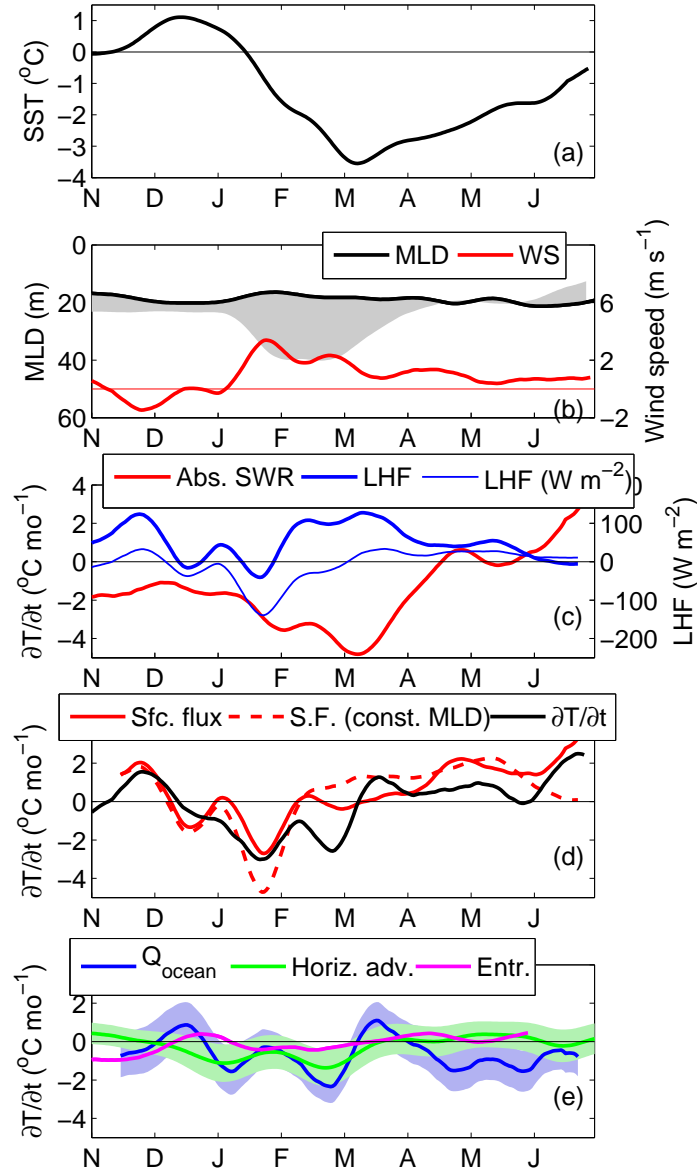


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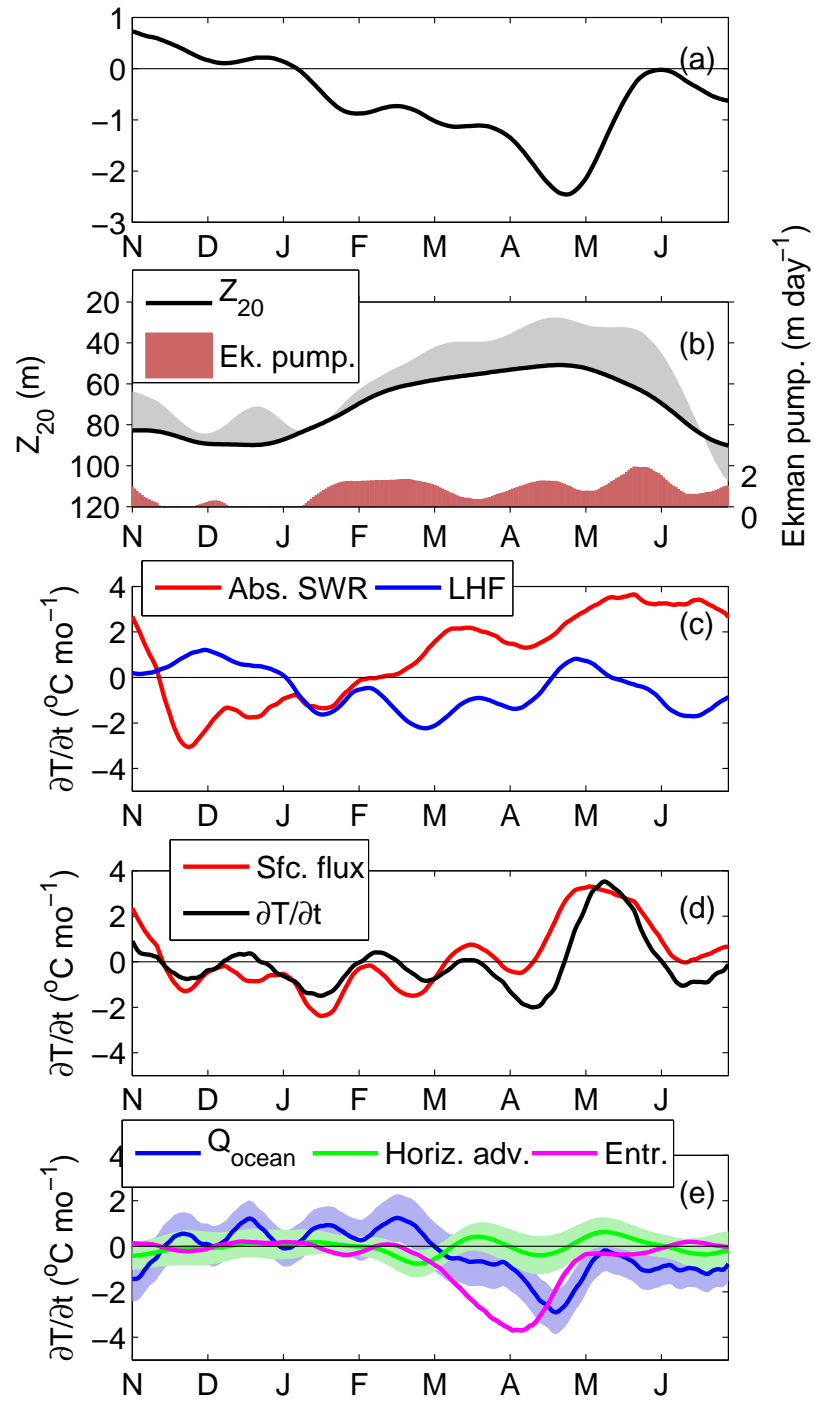


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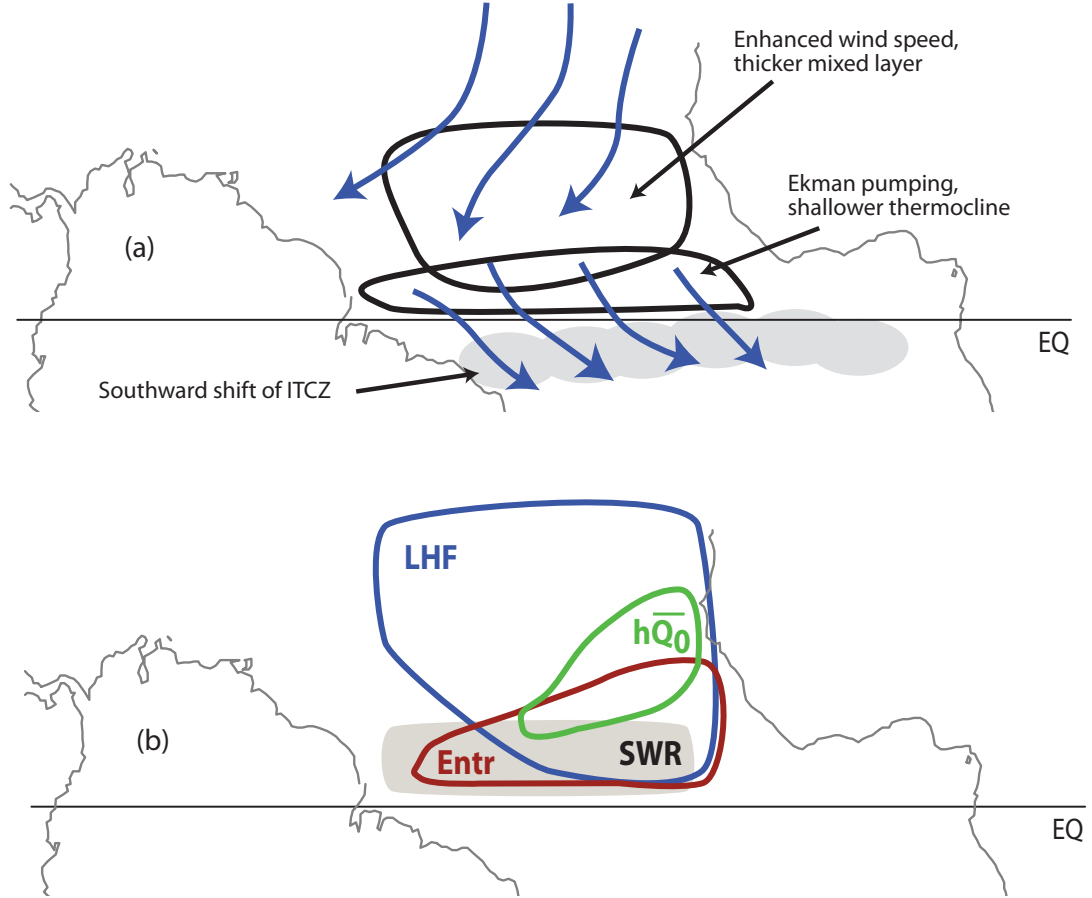


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888 year highlights the months with the strongest positive wind speed anomalies in the
889 TNA in 2009.

890

	TNA WS	Nino3.4	NAO	STH	Amzn
2007–08					
Dec	0.2	-1.2	0.5	-0.3	-1.0
Jan	-0.4	-1.4	0.4	-1.1	0.1
Feb	0.0	-1.8	-0.1	-0.5	-0.3
Mar	-0.7	-1.4	0.3	-1.2	-1.2
2008–09					
Dec	-1.0	-0.7	-0.2	-1.2	-0.9
Jan	2.2	-0.7	0.9	1.5	-0.4
Feb	1.6	-0.7	-0.6	0.3	-0.9
Mar	-0.2	-0.6	0.1	-1.8	-0.2

891

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898 entrainment. Fifth row is the sum of the first three rows, and last row is observed
899 (TMI/AMSR-E) anomalous change in SST. Units are °C. Errors for the sum and ob-
900 served values are one standard error.

901

	Jan-Feb	Mar-Apr	Total
LHF	-0.4	0.7	0.3
SWR	0.2	0.5	0.7
MLD	0.0	-0.2	-0.2
Entr	-0.6	-0.1	-0.7
Sum	-0.8±0.5	0.9±0.5	0.1±0.7
Observed	-0.9±0.1	-0.2±0.1	-1.1±0.2

902